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What do we Need to do to Avoid Intubation in Patients with Respiratory Failure Due to SARS-CoV-2 Infection?

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Since the beginning of the COVID-19 pandemic at the end of 2019, we have been experiencing another phase of our planet in which the presence of a new infectious agent has brought many doubts and uncertainties regarding the way to treat it, as the best medicine is still not known to use to treat this infection [1].

In this editorial, I would like readers to turn their minds to older medicines that existed in the past and that have been forgotten by the current medical community due to some norms implemented in the past since 1910 with the implementation of the Flexner report [2].

These medicines that existed prior to the one we are currently using saw and treated patients in a more natural way and the patient was seen in a more holistic form, as in Ayurvedic medicine and traditional Chinese medicine [3].

Modern medicine is becoming increasingly over-specialized and doctors who are training are seeing patients as parts only and cannot integrate a whole, which is the way traditional Chinese medicine works and uses in its reasoning toward the patient [4].

The figure of the tree that I always talk about in all my articles and presentations at various medical congresses, in various specialties, demonstrates the different levels of diagnosis and treatment of Western medicine and traditional Chinese medicine (which is considered one of the oldest, having more than 5000 years of existence) [4].

In this metaphor of the tree, I show that the tree is divided into two parts, the part above the ground (formed by trunk, branches, and leaves) and the part under the ground (root). Western medicine studies only the upper part of the ground, where it can visualize with his eyes, the different parts of the body, and where all the patient's symptoms can be demonstrated through alterations in laboratory or radiological exams [5].

However, every part of the matter is made of energy, as was said by the most important physicists of our past such as Albert Einstein (1879 - 1955), therefore, before materializing, there is the energy part of the human being, which the Western medicine's doctor is not studying and therefore, all changes at this level are not diagnosed and are the part that is most affected in humans today, as I (2021) have shown in a published study *Energy Alterations* and *Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection* and in another article also written by myself (2021) entitled *Is the Population in the World the Same as in the Past?* [1, 6].

All these changes at the root energy level of the tree are caused by the constant exposition to electromagnetic radiation, and for this reason, the world population today is very weakened in the energy level of the five internal massive organs since I have been analyzing the energy of these organs in all my patients since 2010. I have been noticing this change in almost all of them since 2015, as I (2021) published in the article *Are We Vaccinating Immuno-competent or Immunocompromised People for COVID 19?* [7].

Therefore, the lack of knowledge of these changes at the energy level has brought some interpretation and diagnostic failures, since most manifestations at the leaf level are not caused by the affected organ, but the real cause is at the root of the tree, which the modern medicine is not making a diagnosis and is not treating it, because this part of the medicine was considered "unscientific" by the medical community, after the implementation of the Flexner report in 1910, and therefore, this area of the human body was practically forgotten by the faculties of medicine and not were included in the medical curriculum [1, 5].

In the article *The Treatment of Asthma Based on Traditional Chinese Medicine and Homeopathy*, which I wrote in 2018, I am saying that the real problem of asthma according to traditional Chinese medicine is not related to the Lung itself. When a patient has shortness of breath, this is a manifestation of the blockage of energy transmission from the Lung to the Kidney, when the Kidney does not have the energy to receive this energy. This manifestation also occurs in patients who are experiencing shortness of breath in SARS-CoV-2 infections, as all patients who are having this infection have in common, a deficiency of energy of the five massive internal organs (Liver, Heart, Spleen, Lungs, Kidneys) that are responsible for the production of internal energy for our survival, called vital energy [8].

In this same infection, when the patient presents an image of ground glass opacity in his radiological exams, this demonstrates

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that Blood stagnation is occurring in the pulmonary vessels, confirmed in post-mortem biopsy of patients who died due to SARS-CoV-2 infection, as presented in a study written by Remmelink et al. (2020) entitled *Unspecific post-mortem findings despite multiorgan viral spread in COVID-19* patients carried out in Italy, the authors concluded that there is much heterogeneity of organ injury in COVID-19 infected patients but what it is fundamental to say is that they did not find any specific virus lesion even when RT-PCR demonstrate the presence of virus in diverse organs [9].

In this article written by Remmelink et al. (2020), they are showing the presence of blood clots in pulmonary arteries in patients with SARS-CoV-2 infection and this finding can show us that this kind of alteration is not caused by the virus but by Blood stagnation. This new view that ground glass damage is caused by stagnation of Blood in pulmonary vessels and not caused by the virus (as I am showing in the article written by myself (2021) entitled Energy Alterations in Patients with Ground Glass Opacity in SARS-CoV-2 Infection), makes all the difference in the treatment of these patients, since understanding the pathophysiology of disease formation, from the energy imbalances presented by patients before the pandemic, and that, depending on the type of medication they are receiving to treat this infection, whether highly concentrated or highly diluted, can make a difference in the evolution of the patient, whether to go for intubation or whether they will survive or not [9, 10].

I have been talking about this subject in all the articles I wrote because the type of medication that the doctor needs to prescribe will depend on the type of patient he is going to treat. As I said that the energy pattern of the world's population has changed, if we continue to use highly concentrated drugs in our medical prescriptions, our patients will reduce their internal energy (which was already altered before this infection), and the symptoms presented by patients with COVID-19 infection, are often manifestations of side effects caused by the use of highly concentrated medications, such as the use of azithromycin, hydroxychloroquine, corticosteroids, anti-inflammatories, anti-thermal, decongestants, anesthetics, as I am emphasizing in the article *Is the Medication used in Intubation of Patients with Covid-19 Affecting the Outcome of the Patient's Treatment?* [11].

In this article, I showed a case of a 39-year-old young male patient who caught COVID-19 and was prescribed azithromycin and hydroxychloroquine. The patient had a bad evolution with this treatment where he was hospitalized, intubated, and then died a few days after admission. This was due to the fact that this patient must have had low energy in the five massive internal organs, as I am demonstrating in the article *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection* and when he was subjected to the treatment of COVID-19, using highly concentrated drugs, his vital energy dropped even further, evolving into dyspnea (but by the fall of energy and the transmission of this energy from the Lungs to the Kidneys was not possible, according to the five elements theory of traditional Chinese medicine) and the patient died a few days later [1, 11].

Another situation that I would like to report in this article is that patients who are having ground glass opacity lesions have an improvement in their clinical and radiological condition, when treated using highly diluted drugs to treat this deficiency of the five massive internal organs, causing an improvement of the patterns of oxygenation of the patients, and of the radiological standard, leading to the abolition of the need for intubation of the patients because many improve the shortness of breath because the trans-

mission of energy from the Lung to the Kidney is performed and the stagnation of Blood in the pulmonary vessels is treated, only giving energy to the organs to produce the energy necessary for the human being to survive, which are the *Yin, Yang, Qi* and Blood energies according to traditional Chinese medicine. [1, 10, 12].

Therefore, the lack of vision of the whole, but only of the parts of the human being, has caused damage at the diagnostic level and also reflects on the treatment, because until today, it is understood that the ground glass opacity image is caused by SARS-CoV-2 infection and therefore, several drugs are administered to "kill" the virus, leading to a more serious complication for the patient, instead of helping him [10].

This failure in the interpretation of what we are going through today leads to worldwide disorganization in terms of the pattern of antimicrobial resistance of the various bacteria, since many of these drugs are being administered but without the degree of resolution to the patient, on the contrary, complicating their evolution [13].

I say this because I recently saw a patient in her 60s who had told me that her parents were in the terminal stage of the COVID-19 infection treatment and that the doctors told her that they were going to die because there was nothing to do. Their Lungs were affected by 70% and their oxygenation was very low [1].

I had only told her to give them the same highly diluted medications that she was taking to restore the energy of the five massive internal organs (Sulphur, Calcarea carbonica, Silicea, Natrum muriaticum, Phosphorus) according to the theory developed by me (2020) whose title is *Constitutional Homeopathy of Five Elements Based on Traditional Chinese Medicine* [14].

On the next week, this same patient returned and said that her parents no longer need intubation and all the alterations in oxygenation and the alterations in radiological exams became normal and that their parents also did not die, and that they had been discharged from the hospital and that they were doing very well at home.

These stories of patients who get better, not only from COVID-19 but from all diseases when we use the treatment of the root of the problem and not just treating the symptoms, was the reason for a presentation at the Acupuncture Research Congress that took place at Harvard Medical School, in Boston, in 2015 and which is the focus of treatment for all diseases today (treating the root and not just treating symptoms). According to Hippocrates (460 bce - 375 bce), "we should treat the patient and not the disease itself". The same applies to the teachings of traditional Chinese medicine, where leaf-level manifestations are just the tip of an iceberg. In fact, what we have to deal with are the energy imbalances that are deep in the root of the tree, which are the causes of our disease's formation in addition to the influences of external pathogenic factors, which modern medicine has not yet given their due credit and which are responsible for the initiation and complication of many infectious and non-infectious diseases [5, 15, 16].

Therefore, to understand deeply what is happening on our planet and in our patients today, we have to recognize that we have a lot to broaden our horizons of vision because the human being is made of energy, and our biggest mistake today does not consider this in our plan of study, diagnosis, and treatment of our patients who are very sick and who need to be treated in their totality and not only in their parts, because the parts are integrated and not

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separate, unlike Galen's (ca. 129 ca. 217) thought, which said that the various medical systems were separated organs and works individually. This type of thinking must be promptly changed, as all organs are integrated and dependent on each other. If we unbalance one organ, we will fatally damage all the others, as one depends on the other. For this reason, the clinical measurements that medical doctors need to use are the treatment of the root level of human beings and not just treating the symptoms, that are dyspnea, and respiratory insufficiency but the real cause of it is still not treated today in COVID-19 patients to prevent intubation or even death. As said by Hippocrates (460 bce - 375 bce), "it is more important to know which person has the disease than to know which disease the person has" [1, 5, 14, 17].

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