

What do we Need to Learn from the COVID-19 Pandemic?

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Since the beginning of the pandemic in 2020, many doctors in Brazil have not been able to understand how viruses could cause so many different symptoms [1].

The answer to this question is that they need to be aware that the symptoms presented by COVID-19 patients are only the reflection of the energy imbalances that they had before catching the virus and that are exacerbated with active infection [1].

In a study carried out by the author from 2015 to 2020, studying 1000 patients chakras' energy centers, she demonstrated that 90% of her patients did not present energy in the five massive internal organs, that corresponds to the chakras' energy centers. According to Christopher (2018) he wrote an article entitled *The Geometry of Emotions: Using Chakra Acupuncture and 5-Phase Theory to Describe Personality Archetypes for Clinical Use*, and it is correlating the five massive organs with five elements in TCM and correlating with chakras' energy centers [1,2].

The lack of holistic view of the patients and knowledge to understand that everything we find in the universe and in the human being are formed by energy and that only those who study the energy alterations leading to formation of diseases have been able to make the correct diagnosis in the energy level, as the problem nowadays in how to manage and how to treat this virus are not well explained yet, since they cannot understand all the physiopathology involved in this infection yet [1].

In the article written by Monari, *et al.* (2020), entitled *A Focus on the Nowadays Potential Antiviral Strategies in Early Phase*

of Coronavirus Disease 2019 (Covid-19): A Narrative Review, the results of this study is that many medications have been proposed to be possible treatments for SARS-CoV-2 infection and until that date (August 2020), any drug has been shown effective and safe for the treatment of patients with COVID-19 [3].

The lack of vision of the whole body and only a part of the human being has caused this chaos in today's world [1].

The model of medicine that was planted after Flexner report, in 1913 brought the modernization of medical education but also brought a partial view of the doctor who can see in his mind what the eye can see through laboratory and radiological exams. The other manifestations and alterations that usually occurs before the alterations in the energy level, characterized by alterations in the phase one to three in the evolution from health to disease, led to many confusion and many doctors usually interpreted that normal laboratory exams in laboratory or radiological level means that the patients have nothing and usually these patients are sent to the psychiatry because they usually say that the problem is emotional [4].

The human being, who is part of the universe, and according to Capra (1975), in his book entitled *Tao of Physics*, everything that exists in the universe is made of energy [5].

Just like our cell phone, it only works if we usually charge it, our car only can work if we put gasoline and sometimes, we change the battery, all the household appliances only works when they are plugged in. Otherwise, it does not work either [6].

This complex functioning of the human being, in those who need energy to perform all activities, such as seeing, hearing, breathing, speaking, tasting, evacuating, urinating and smelling, breathing, have sexual intercourse, etc. it all depends on energy [7-9].

When the functions no longer start to fail, this can be an indirect sign that the energy of that person is getting used up or the energy is running out. So, to restore the normal functioning we need to restore this energy, that is low, showed in the article written by the author entitled *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection* [1].

In this case, when fulfilling the energy of our patients that the authors showed that is low, she can bring the patient to another level of health that when using highly concentrated medications cannot obtain and in many cases can bring an important side effects that is normally considered caused by the virus itself but actually caused by the use of highly concentrated medications, as showed in the Arndt Shultz Law and in the article *Is the Medication used in Intubation of Patients with Covid-19 Affecting the Outcome of the Patient's Treatment?* [10,11].

If we do not learn the basics of knowing that we need to give energy for all the organs to work accordingly, people infected by SARS-CoV-2 will continue to die because that every medicine they are using is causing a greater lack of energy that our patients are suffering. This situation was explained by the author in the article *Is the Medication used in Intubation of Patients with Covid-19 Affecting the Outcome of the Patient's Treatment?* [10].

One of the main causes of this lack of energy is the influences of the electromagnetic waves in our lives that the human being are constantly being subjected nowadays, causing an almost worldwide energy drop of all inhabitants of this planet as showed by the author in the article entitled *Is the Population in the World the Same as in the Past?* [12].

For this reason, this caused a fall in our immune system and nowadays we are living in a state of general immunosuppression in the entire world as demonstrated by the author (2021) in the article *Are We Vaccinating Immunocompetent or Immunocompromised People for COVID-19?* [13].

The easiest measure from the point of view of Western medicine is mass vaccination to that all inhabitants of the planet, but

with the emergence of various types of mutants, this is a question that all the infectious diseases doctors and scientists would like to answer if all these vaccines will be able to protect the patients in all these strains too. In an article written by Santos (2021) entitled *Impact of virus genetic variability and host immunity for the success of COVID-19 vaccines*, the authors are questioning the possibility of reinfections, how long will last the immunity and the degree of the protection of the vaccines and the impact of the spread of the mutants of this virus are under discussion among all professionals that is involved in the prevention and treatment of this SARS-CoV-2 pandemic [14].

In the article written by the author (2021) *Are We Vaccinating Immunocompetent or Immunocompromised People for COVID-19?*, the author is saying that the majority of the population that we are vaccinating nowadays are considered immunosuppressive and not immune competent for COVID-19 infection. With the state of general immunosuppression that most all patients on this planet are suffering due to the lack of energy in the chakras' energy centers, we are still not correcting the real problem that is causing this general immune suppressive state in all inhabitants. The basic cause of lack of energy has not yet been addressed and although there are studies that talk about the relationship of interference of electromagnetic waves in our lives, many of them not mentioned that these waves cause any health problem. This is caused probably by the monopoly characteristic of studies that always suggest that these electromagnetic waves do not cause harm to health as showed in the article written by Hardell L and Carlberg M (2020) entitled *Health risks from radiofrequency radiation, including 5G, should be assessed by experts with no conflicts of interest* [14,15].

In the article written by Sonani., et al. (2021) entitled *COVID-19 vaccination in immunocompromised patients*, they only considered immune compromised patients only when were in taking medications such as immunosuppressant medications such as methotrexate and they concluded that the plan for vaccinating immunocompromised patient need to done to ensure maximum seroconversion [16].

In the article written by Wiederman., et al. (2016) entitled *Primary vaccine failure to routine vaccines: Why and what to do?* the authors are saying that the causes of vaccine's failure could be related to immune status, age, nutritional status, genetics. The first (immune status) is the inability to respond to primary vaccination

and the other cause could be related to loss of protection after initial effectiveness [17].

According to traditional Chinese medicine, Blood cells and all humoral and cellular response cells are produced by Spleen and pancreas meridian, that corresponds to fifth chakra. The author (2021) showed in the article *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection* that more than 90% of the patients have no energy in the chakras' energy centers and more than 97,59% of the patients do not have energy in the fifth chakra (that is responsible for the production of blood cells, and humoral and cellular response cells in the energy point of view), as the author (2021) showed in the article *Are We Vaccinating Immunocompetent or Immunocompromised People for COVID-19?* [1,13].

In the article written by Rusk., *et al.* (2021) entitled *Lack of immune response after mRNA vaccination to SARS-CoV-2 in a solid organ transplant patient*, the author is saying that the efficacy of SARS-CoV-2 vaccination has not established yet. In this same article, the authors are presenting one case report of patient that did a solid organ transplantation and failed to achieve antibody or seroconversion after SARS-CoV-2 vaccine [18].

The author is questioning if the scientists and doctors are underestimating the percentage of the population that is considered immunocompromised due to the fact that this diagnosis is based on the energy level and the majority of Western doctors were not trained to do this diagnosis due to the changes in the medical curriculum since Flexner report, when they understand that what is scientific is only what could be proved by laboratory or radiological tests, as the author showed in another article she wrote (2021) *Are Pulmonary Manifestations in COVID-19 Really Caused by the Virus?* [4,19].

This is very easy to be explained and to see this harmful effects caused by the use of cell phones and computers, through the use of O-ring test. In this test, when we hold the cell phone itself or pointing our finger on the computer device, we can see that our energy drops when we are subjected to this type of electromagnetic waves. This study was published by the author in the article entitled *Can Biomaterial Surgical Implants Influence the Body's Health?* [20].

This dichotomy between Western and Eastern medicine, looking the patient only in parts and not integrated as the author al-

ways says in all her presentations and publications, is causing the treatment of this condition only in the matter aspect and the thought that only the drugs created by the large laboratories are scientific [10].

But in our experience in this pandemic, we realize that the use of these drugs themselves are not are bringing a lot of salvation to these patients and many of these patients are dying. This was a question that the author did in her article entitled *Is the Medication used in Intubation of Patients with Covid-19 Affecting the Outcome of the Patient's Treatment?* In this publication, the author is questioning if COVID-19 patient is dying due to the virus itself or it is the drugs used to treat this infection that is causing so many complications and deaths? [10].

In this article, the author said that these medications used for intubation could be affecting the patient's outcome in the evolution of this disease but not only these medications but are all highly concentrated medications used to treat fever, pain, antibiotics, corticosteroids, and others, leading to decreased vital energy of these patients and to complications and often death according to the Arndt Shultz Law. According to this law, highly concentrated medications harm the vital energy reducing it and highly diluted medications improve the vital energy [10,11].

We had to go through this whole viral pandemic to know that the drugs there calls the scientific way of thinking are still not being able to save the lives of these patients [10].

China, in turn, having the opportunity to have its ancient medicine managed to quickly control the COVID-19 pandemic through general measures, but it has also been using medicines to strengthen the internal energy of its patients, but it is very likely that they are also unaware that the general population of the planet is deficient in the internal energy of the 5 internal organs because there they do not use the same diagnostic method that the author uses, associating Ayurvedic medicine with measuring the energy of the chakras [1].

The process of energy depletion in traditional Chinese medicine is usually done through the analysis of the pulses in the wrists and doing this process is a very difficult way to be scientifically proven and can vary from one doctor to another because the doctor uses his finger to feel the pulse of the patient and behind this evaluation, in a subjective way, he will check whether the person has energy

or not in the organs that corresponds of the five massive organs in TCM [21].

In the article written by Burki (2020) entitled *China's successful control of COVID-19*, Burki is saying that China had a reduced rates of deaths compared to USA and UK. In China, they reported to have 4739 deaths at that time (October 2020) compared to 209,382 deaths in USA and ten more times deaths in UK. According to Burki's study, China adopted highly compliance of use of masks compared to countries that continue to refuse to use this equipment of protection. And what they adopt was a non-pharmaceutical intervention [22].

Even if the patients starts the use of Chinese herbs, if taken for a long time can cause imbalances and formation of internal Heat and can lead to side effects because these medications are also considered highly concentrated medications and can cause reduction of vital according to Arndt Shultz Law [11,23].

Therefore, drugs that were considered unscientific in the past, such as homeopathies medications, are gaining space these days with this worldwide pandemic, because according to the research made by the author, the majority of the population in this world are weak in energy and the use of highly concentrated medications are reducing even more these energies, and leading to complications or even death. Highly diluted medications are the drugs of choice nowadays for the treatment of any type of disease, including COVID-19, due to the improvement in the vital energy that the patient needs at this moment, to obtain health again [1,11].

In the 12th webinar on healthcare-health economics and policy, the author did a lecture saying that to know what medication we should prescribe; we should know what kind of population we have today [24].

Nowadays, the author usually treats all infectious diseases, whether bacterial, viruses or fungal, through only the internal energy balance (using Chinese dietary counseling, acupuncture with apex ear bloodletting and replenishing the chakras' energy centers using homeopathies medications entitled *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine*). All this data was published in articles such as *Is it Possible to Treat Community-Acquired and Nosocomial Infections with the Same Method, Without the Use of Antibiotics?* [25,26].

In the article written by the author (2021), published recently entitled *What Have Behind in All Kinds of Infections that We Need to Know?*, the author is saying that behind all infections, there are energy deficiency in the chakras' energy centers and the corrections of all these energy deficiencies through Chinese dietary counseling, acupuncture with apex ear bloodletting and replenishing the chakras' energy centers using homeopathies medications according to the theory created by the author (2020) entitled *Constitutional Homeopathy of the Five Elements Based on traditional Chinese Medicine*, were important tools treating the cause and not just the symptoms [25,27].

According to traditional Chinese medicine, all diseases, whether physical or emotional, are caused by an internal energy imbalance. and also taking into account the influences of external pathogenic factors such as Wind, Heat, Cold, Humidity and Dryness, we can keep the internal energy between *Yin, Yang, Qi* and Blood in a balance state, leading to the improvement of all symptoms and diseases at this same time, as the author showed in all her articles and presentations all over the world and also, the treatment of the majority of all kinds of infectious disease without using any antibiotics [28].

These factors are not normally considered as disease inducers in Western medicine and therefore, many diagnoses can be wrongly treated with medicines that could only be cured with the straight elimination of these external pathogenic factors [6].

The author has publications referring to the treatment of community and hospital infections, all referring to the treatment of these patients only by changing eating habits, mainly avoiding the ingestion of cow's milk, raw foods, drinking cold water or things are the foods that cause imbalances in the energy of the Spleen pancreas that can produce mucus if is imbalanced and production of Phlegm. In Western medicine, they interpret the formation of Phlegm as one of the symptoms of infection and usually enter using antibiotics. This type of reasoning in Western medicine leads to an even greater weakening of the patient's energy, causing the individual to have less energy to fight the disease itself and with it the formation of internal Heat, leading to signs of hyperemia and yellowish secretion in the infectious sites. But from the view of traditional Chinese medicine, these symptoms are only the manifestations of energy imbalances and could be treated only doing some alterations in the dietary aspects and rebalancing of emotions

and treat increase of the lack of energy of the five massive organs through replenishing the chakras' energy centers using homeopathic medications according to the theory created by her entitled *Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine* and crystal based medications, as showed by the author in many of her articles [25,28].

The majority of the patients recover from the infectious condition without need to take antibiotic drugs [26].

According to the author, in the study published by her, what we need to know in the treatment of all infections, she states that all cases of viral and bacterial infectious disease are caused of internal energy deficiency with the formation of internal Heat, and this pattern of patients includes COVID-19 infection patients, as demonstrated by the author in the article written by her (2021) entitled *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection* [1].

According to Hippocrates, we must treat the patient and not the disease. Using this way of reasoning, knowing that the patient is deficient in the energy of the chakras' energy centers, the first thing we need to see in the evaluation of this patient is to spell all entrance of external pathogenic factor and after, give conditions for the patient to have energy to overcome this whole process of energy imbalance generated with the entrance of the virus and other external pathogenic factors (Cold, Wind, Heat, Dryness and Humidity) into the body [1,29].

If the physician provides the conditions for a patient to overcome this phase of energy imbalances, the patient certainly will be able to recover and be able to eliminate the virus, strengthening the patient's energy, changing the patient's dietary habits also is essential. For balance to occur, erroneous eating habits should be corrected such as eliminating the ingestion of cow's milk intake, cold water, raw foods and sweets are factors in maintaining the energy imbalance and not favoring the patient's improvement [1,6].

If we treat the patient, giving all the energy that he lacks in the chakras' energy centers that the author said that the majority of our patients could have, before this infection, if we start to replenish these energies as soon as the external pathogenic role is eliminated, this patient will certainly be able to survive and have a recovery from this illness, without using the highly concentrated medications that is causing drop in the vital energy and leading to

many complications such as respiratory tract insufficiency, renal insufficiency, myocardial infarction, strokes, etc. [1,25].

In the article wrote by the author (2021) entitled *Are Pulmonary Manifestations in COVID-19 Really Caused by the Virus?*, the author is saying that, due to the lack of energy in the chakras' energy centers, the transmission of energy from the Lung to the Kidney is blocked and the patient could fell dyspnea symptoms, but not caused by the influences of the virus but by the lack of energy in this meridians and chakras' leading to dyspnea symptoms. The use of highly concentrated medications in this case would worse even more the vital energy and leading to these symptoms. Usually doctors usually interpreted this dyspnea as caused by the virus and begins with the use of more highly concentrated medications, that could worse even more this energy deficiency, leading to worsening of the evolution or even leading to death [1,4,27].

That is essential why we need to avoid any kind of highly concentrated medications nowadays, in this type of these patients that we have today, because of the lack of energy that they already had before acquiring the virus infection. The drug of choice in the treatment of this kinds of patients nowadays are highly diluted medications such as homeopathies, due to the influences in the vital energy, improving it (instead of weakening even more this energy) and preventing the evolution to complications such as thrombosis and stagnation of Blood inside the pulmonary vascular leading to frosted glass in the rx ray and tomography [1,4,10].

If we continue to look only at the virus and we do not treat the patient (who is weakened), certainly the drugs we are using to treat him could kill the virus and also will weakening our patient and could lead to more complications or even death [1,10].

So, the author wants to say that many things we are going through today are the reflection of things implemented in the past (Flexner report) and that what medicine needs to understand today is that it needs to have a more holistic view of the patient to overcome this phase of pandemic because the patient is inserted in the universe and that everything is made of energy and that he is surrounded by an environment suffering from the actions of Cold, Wind, Humidity, Dryness and Heat, which are factors that will unbalance his internal energy [1,27].

That is why, the integration of the two kinds of medicines nowadays (Western and Eastern) is a theme that the author talks about

in all her scientific publications, talking about the need to treat the leaf level, but the same need to treat the root level because the root is where all the problems are inserted and it is where Western medicine is not aware of this existence, leading to so many complications if only the leaf level is treated nowadays. The root, that is unbalanced and sick leading to signs and symptoms in the leaves level, if we only treat the leaf and do not treat the root, certainly the treatment at the leaf level will worsen the imbalances that are already at the root level, which may cause worsening the symptoms (but caused by wrong type of medications but not by the virus itself) and many times took to death [1,10].

Patients who are suffering from post COVID-19 syndrome, are not caused by the virus but are caused by the overuse of highly concentrated drugs, leading to an even greater drop in vital energy. Therefore, the recovery of these patients using highly diluted drugs and avoiding as much as possible the use of highly concentrated drugs are of prime importance today. In addition, the use of homeopathy medications to replenish the chakras' energy centers according to *Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine* are the major importance nowadays, to recover the lack of energy that this kinds of patients are presenting today to prevent the formation of other diseases such as diabetes, hypertension myocardial infarction, etc. return as soon as possible to his normal life. The symptoms post COVID-19 also is not caused by the virus itself, but by the consumption of the vital energy when physician chooses to use highly concentrated medications in the treatment of this patient, leading to a weakness state of his physical body, as showed by the author in the article written by her (2021) *Chakras' Energy Deficiencies as the Cause of Fatigue Post SARS-CoV-2 Infection Patients Treatment* and in another article written by her (2020) entitled *Chakras' Energies Deficiencies as the Cause of Dyspnea Post COVID-19 Treatment* [25,30,31].

The use of mass vaccination as currently advocated by Western medicine to control the pandemic can function as the highly concentrated medicine as its use can lead to a decrease in vital energy leading in some cases to complications such as thrombosis formation and in some cases; we have history of patients dying. In the article written by Edler (2021), entitled *Deaths associated with newly launched SARS-CoV-2 vaccination*, the author studied all cases of deaths caused after the vaccination and they studied post mortem necropsy. They saw that the majority of cases that evolved to death, have some co-morbidities such as cardio-vascular abnormalities

that concluded that his patients died from their diseases and not by the vaccines. But if we take into account that this vaccines were inducing the energy deficiency state of the patient, the alterations found in the patient could be aggravated by the use of this vaccine, that the majority of the medical doctors, as they do not receive formation in the energy point of view but only by matter point of view, cannot do the correlation between the vaccines injection and the deaths in all this patients. Many studies covered up by the media and usually classified them as deaths due to co-morbidities prior to vaccination [13,32].

By the author's assessment of these cases, knowing that almost all patients on this planet are without energy, many of these patients who are receiving vaccination today are having severe reactions. Many of them are already without energy, and with the introduction of the vaccine, being considered a highly concentrated drug, there may be a drop in the patient's vital energy causing, for example, a Blood stagnation in the blood vessel because even greater reduction in vital energy can lead to thrombosis in lower limbs or anywhere in the body such as myocardial infarction, stroke and may lead to death [9,13].

But all these manifestations are in the energy level and even if the patient does not have comorbidity before, as in some cases that we have seen in our daily lives and that are not spoken of in scientific circles, as the showed in the article written by her (2021) entitled *Chakras' Energies Deficiencies as the Main Cause of Myocardial Infarction without Arterial Obstruction* and in another study entitled *Myocardial Infarction Without Arterial Obstruction in Patient Post COVID-19 Treatment*, that the author presented in the webinar 3rd Asian Cardiology Congress, that was held on June 22-2021. In both studies, they had no arterial obstructions in the coronary artery and what both had in common, chakras energy centers without energy, demonstrated by the author and was the cause of myocardial infarction, that was induced by the reduction in the vital energy caused by the use of highly concentrated medications in the treatment of COVID-19 infection patient (in the second study) [9,33,34].

Therefore, this pandemic shows us that the need for integration of knowledge between Western and traditional Chinese medicine to understand in the deepest level, what is occurring on the energy level that is affecting our patients and leading to all these complications or even deaths [1].

If we understand that the energy of our population is in the weakest level, we can know which kind of medication we need to give to do not cause more energy deficiency, and harm the vital energy as showed in the article written by the author entitled *Is the population in the world the same as in the past?* [12].

We can manage to improve the immune status of our patients using highly diluted medications according to Constitutional Homeopathy of the Five Elements based on traditional Chinese Medicine. Also, there are homeopathies medications called nosodium that is made using secretion of patients that had COVID-19 for prophylaxis that could also protect the human being, and increasing the vital energy, contrary of what vaccines are doing, that is reducing the vital energy of these patients [25].

In the article written by Hossain., *et al.* (2021), entitled *COVID-19 Vaccines in the Pipeline, Are Antibodies Adequate?* Hossain is saying that vaccine's developers are not giving importance for the T-cells response due to expensive to assess in large cohorts [35].

But the author is trying to say in this article that more and more studies needs to be done in this particular situation that the whole population in the world is suffering at this moment, and the knowledge between Western and other ancient medical traditions must work together to try to understand in a deepest way, what is the real influences in all measurements that we are doing nowadays, that only Western medicine's point of view cannot explain at this moment [10,12,27].

According to Hippocrates, we need to take into consideration other ancient medical traditions prior to the knowledge we have nowadays [29].

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